

AUDIO RECORDERS

Fitness Watch Listening Device

A voice-activated audio recorder that looks and wears like an ordinary fitness smartwatch.

Overview

The Fitness Watch Listening Device captures up to 1,152 hours of audio while looking like an everyday fitness watch. Its Sound Operated System starts recording when sound is detected and stops in silence, with five sensitivity settings for different environments. The 0.96" OLED display and silent operation keep it discreet, and the 8GB built-in storage holds long sessions.

What's in the box

- Fitness Watch with strap
- User manual
- Time setting software

Key features

- Up to 1,152 hours recording
- 8GB built-in storage
- 5 recording modes
- Sound Operated System with 5 sensitivity settings
- 0.96" OLED display
- 33 hours continuous recording
- Detachable, waterproof strap
- Silent operation

Specifications

Dimensions	27.7 × 75.2 × 112.3 mm
Weight	27.2 g
Storage	8GB built-in
Recording capacity	Up to 1,152 hours
Continuous recording	33 hours
Battery	3.7V Li-Polymer 180mAh
Display	0.96" OLED
Connectivity	Direct USB

How to use

1

Charge fully

Connect the watch to a USB port as shown in the user manual and charge it fully before first use.

2

Set the date and time

Install the included time setting software on your computer and connect the watch. This stamps each recording with the correct date and time.

3**Choose a recording mode**

Select one of the 5 recording modes. For voice-activated recording, pick a sensitivity setting to suit the room: higher for quiet spaces, lower for noisy ones.

4**Start recording**

Start recording using the controls described in the user manual. The watch records silently with no beeps.

5**Wear or place it**

Wear it like a normal watch or place it near the conversation. Keep the microphone uncovered by sleeves or objects.

6**Stop and retrieve files**

Stop recording, then connect the watch to your computer by USB to open, play and copy your recordings.

For exact button and switch positions, see the manual or quick start guide supplied with your device.

Tips for best results

- Voice-activated mode saves storage and battery by skipping silence.
- Test the sensitivity setting in the room before an important recording.
- Copy recordings to your computer regularly so you never run short of space.
- Keep sleeves clear of the watch face for clearer audio.

Care and safety

- The strap is waterproof; avoid getting the watch body or USB connection wet.
- Charge only with a standard USB port or charger.
- Store at room temperature and away from direct sunlight.
- Do not open the case or battery.

Use responsibly

In Australia, the laws on recording conversations differ between states and territories. In some places it is an offence to record a private conversation without the consent of everyone taking part, and recording a conversation you are not part of is generally prohibited. Check the surveillance device laws where you live before using this device, and use it only for lawful purposes.

This guide is general information only and is not legal advice.

Need help?

Email hello@spyproducts.online or visit spyproducts.online and our team will help you get set up.

Worried you're being recorded? Our TSCM Bug Sweep service checks homes, offices, vehicles and meeting rooms for hidden devices, carried out by experienced Sydney-based technicians.